

Recent Books from Zambia – Aug 2023

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Anthropology

The Soul of Barotse People: A Heritage of Land, Labour, Livelihood and Liberty / Akashambatwa Mbikusita-Lewanika
Mongu-Lealui, Barotseland: Barotse National Library, Documentary, Research and Development Services, 2021

378p.

Includes Selected Bibliography

9789982180597

\$ 75.00 / PB

686gm.

<http://www.marymartin.com/web?pid=853887>

Zambian Traditional Names: The Meaning of Tumbuka Chewa Nsenga Ngoni and Tonga Names / Mwizenge S. Tembo (Ed) Evan M. Mhozi

Lusaka: Julubbi Enterprises Ltd, 2006

158p.

9982825089

\$ 25.00 / PB

238gm.

A study was conducted in the Eastern and Southern Provinces of Zambia to investigate the meaning of Zambian traditional names. A total of 323 respondents from a total of 26 villages were asked to describe baby-naming customs, identify traditional names and explain the meanings of the names, the circumstances of naming and whether the name is used to name females, males or both.

All the information has been compiled and published into 142 page book that describes the naming customs of newly born babies and an identification of names from the Tumbuka, Chewa, Ngoni, Nsenga people of Eastern Zambia and the Tonga of Southern Zambia. There were a total of 571 traditional names from Eastern Zambia and 312 traditional Tonga names from Southern Zambia. The study was conducted from 1980 to 2000. One research field trip was made to Choma and the Gwembe Valley in 1988 and three trips to Eastern Zambia between 1980 and 1985. This was the time the author was conducting research at the Institute of African Studies of the University of Zambia. During the 1993 field trip to Eastern Zambia the author was working at Bridgewater College.

<http://www.marymartin.com/web?pid=853888>

Zambian Culture: Harnessing Cultural Literacy with a Focus on Myths and Taboos / Sitwe Benson Mkandawire, Steriah Monica Simooya & Pauline Namakau Monde

Lusaka: UNZA Press, 2019

ix, 207p.

Includes Index

9789982031059
\$ 50.00 / PB
262gm.

This book, 'Zambian Culture: Harnessing Cultural Literacy with a focus on selected Myths and Taboos in Zambia' is a unique text depicting the Zambian culture in general. The book starts with a discussion on culture, its significance in society and further situates the concept of cultural literacy and discusses the differences between Zambian culture and Zambian cultures at different levels with the use of relevant examples. What is more peculiar about this book is its effort in contextualising the composition of Zambian culture. The authors outlined the constituent of Zambian culture ranging from national symbols to the general lifestyle of Zambians. The authors further outlined six unique ways of marrying in Zambia, which could be familiar even to some neighbouring countries that share a similar culture with Zambia. The book focuses on selected myths and taboos where each myth and /or taboo, has been outlined, followed by their application and a possible interpretation in modern society.

<http://www.marymartin.com/web?pid=853889>

Biography/Memoirs

Malongo Incorporated: The Trilogy / Alick F C Musonda
Zambia: Alick Fungafunga Chiwama Musonda (Self-Published), 2020
xii, 288p.
9789982847384
\$ 55.00 / PB
510gm.

"Malongo Incorporated" – a trilogy comprising The Super Tomboys, Malongo's Adventures and Malongo's Hotshots. In "Malongo Incorporated", Alick chronicled the experiences of a recruit during the 20-month compulsory Zambia National Service (ZNS) military training and agricultural food production programme introduced by the former UNIP government for Form Five school-leavers between 1975 and 1980.

<http://www.marymartin.com/web?pid=853890>

Michael Sata: Portrait of a Populist / Reginald Ntomba
Lusaka: Gadsden Publishers, 2021
vi, 198p. ; 229x152mm.
9789982241243
\$ 52.80 / PB
348gm.

Sata was a giant figure in Zambia's political landscape for over thirty years. Reginald Ntomba argues that 'how Sata became president is as thought-provoking a story as what he did with the power he had spent decades fighting for'. He explores the political journey of Michael Sata from councilor to president of Zambia, relating Sata's policies and approaches to theories of populism. In opposition Sata promised the electorate more money in their pockets. In power he tried to improve the lives of the poor and underprivileged, and to develop the country through huge infrastructure projects. But he incurred massive debts, ran a chaotic government and refused others in politics the freedoms he had enjoyed. His term in office was cut short by sickness and finally his death.

<http://www.marymartin.com/web?pid=789130>

A Zambian Journalist: In Pursuit of Three Freedoms / Mike Data
Lusaka: Gadsden Publishers, 2019

viii, 226p. ; 229x152mm.
Includes Selected Bibliography
9789982241175
\$ 38.50/ PB
362gm.

Mike Daka's story is a fascinating account that is at once the story of an extraordinary journalist, and rich insight into the history of the media and journalism in Zambia and Southern Africa. Born into humble circumstances, his journey took him into journalism as reporter and editor and then to shaping and leading the Zambia Institute of Mass Communication which taught generations of journalists through changing political circumstances. Never one to shy away from a challenge, Daka retired from Zamcom to start Breeze FM in Chipata, a radio station that became internationally renowned for its unique character as a commercial operation that provides community and public service.

<http://www.marymartin.com/web?pid=685416>

Against All Odds: Zambia's President Edgar Chagwa Lungu's Rough Journey to State House / Anthony Mukwita

Johannesburg, South Africa: Partridge Publishing, 2017

viii, 166p.
9781482877243
\$ 40.00 / PB
250gm.

An ailing 77-year-old Zambian President dies in a London hospital, his chosen acting President is stripped off power in a hasty over night 'coup'. An election campaign is hastily put in place in pace 90 days ahead and Edgar Lungu wins a very close election after campaigning for only 20 days as intra party clashes for power escalate against him. Against all odds, a power inner click, business interest and a divisive anti Lungu white vice President Guy Scott, Edgar Lungu now 60 becomes the unwilling but popularly elected sixth President of Zambia. He goes ahead to repeat the feat 20 months later.

<http://www.marymartin.com/web?pid=702729>

My Trodden Path: An Autobiography / Lombe Chibesakunda

Lusaka: Sotrane Publishers, 2021

x, 154p.
9789982182881
\$ 30.00 / PB
206gm.

Lombe Chibesakunda is a prominent and familiar name synonymous with excellence in legal practice in Zambia, southern African region and beyond. This eminent Zambian has served in various capacities including State Advocate, Member of Parliament and Solicitor General. She has served in foreign missions at the highest level as Zambian Ambassador to Japan, the Netherlands, the Vatican and High Commissioner in the United Kingdom.

In her legal career, she has served as judge in the Industrial Relation Court, President of the African Development Bank Court, Chairperson of the Human Rights Commission of Zambia and Chief Justice of Zambia. She is currently President of COMESA Court of Justice.

In this candid memoir, readers get a glimpse of some of the personal experiences of this one Woman's exceptional and illustrious career, whose influence, we can all glean inspiration and lessons from.

<http://www.marymartin.com/web?pid=853891>

Mayibuye Zambia: A Stillborn Revolution / J. Mukenge Muti
Zambia: J. Mukenge Muti (Self-Published), 2021
xxxii, 418p.
Includes Index
9781838435509
\$ 60.00 / PB
662gm.

The Reminiscences of one who survived long enough to witness the meaning of the writing on the wall. A tale direct from the African melting pot

These are the memoirs of Jethro Mukenge Mutti, a former Zambian politician who between the years 1964-1975 served under the first president Kenneth Kaunda in several capacities. Jethro resigned from government in April 1975 and a few months later was involved in a serious car accident which left him paralysed from the neck down, with very limited hand and leg movement. The little mobility he had in his hands was sufficient enough for him to use a manual typewriter to write his memoirs. Mayibuye Zambia is a document of historical and political interest for anyone with an interest in Zambia's political journey pre-independence to post-independence. The book covers events pre and post Berlin Conference era, the federation period leading up to independence.

<http://www.marymartin.com/web?pid=853892>

Things to Remember Not To Forget: Recollections of Francis Kaunda / Francis Kaunda
Second Edition
Zambia: Francis Kaunda (Self-Published), 2022
vi, 230p.
9798387393914
\$ 50.00 / PB
274gm.

Things to Remember, Not to Forget is a riveting, behind the scenes account of the making of a nation, Zambia, from the recollections of Francis Kaunda, a man who had a front row seat in the development of the country as he observed and interacted with the major players of that period at very close quarters. Having served as secretary in the first cabinet and then as a leader in the mining industry, Kaunda provides an interesting perspective on Zambia's history over the last five decades and lessons which can be learnt to propel Zambia and the continent forward.

<http://www.marymartin.com/web?pid=853893>

Ecology/Environment

Miombo Woodland, Part 1 (Ferns and Monocots): Based on Plants from The Mutinondo Wilderness Area, Northern Zambia: Field Guide to the (Wetter) Zambian / Dr. Kaj Vollesen & Lari Merrett
Zambia: Lari Merrett (Self-Published), 2020
1020p.
9781949677119 (Part 1); 9781949677201 (Set)
\$ 295.00 / PB
1158gm.

This compilation of photographs, collections and expertise gathered over the past 25 years describes the miombo woodland, the threats it is facing and contains descriptions of 143 families,

611 genera and 1634 species found within the Mutinondo Wilderness Area of northern Zambia. It is a prime cornerstone to the appreciation of the impressive diversity of the wetter miombo woodland which is essential to publicise, particularly in the light of the ever increasing pressures and destruction being wrought on this woodland in Zambia and the sub region. By being written by a layperson (Lari Merrett), together with a leader in African dry lands plant taxonomy (Dr. Kaj Vollesen), it is a very useful information and identification resource for conservationists, botanists and nature lovers who want to learn more about the magnificent miombo. The book contains 1022 pages and is divided into two (2) parts. In addition to the descriptions of the ferns and monocots, part 1 includes: a detailed Introduction by Dr. Paul Smith of the Botanic Garden Conservation Institute; an inspirationally charged Foreword by Noah Zimba of the Zambian Institute of Forestry; a comprehensive introduction to Mutinondo Wilderness and its botanical background, and a 51-page photographic key. Part 2 contains the descriptions of dicots. For ease of reference the complete scientific and common name indices for both parts are colour coded and included in the back of each. Species descriptions include habit, height, flower colour, key characteristics (underlined), distribution, habitat, altitude and flowering time. Of the 1634 species descriptions, 1618 are accompanied by 3 to 8 photographs each (of the balance, 9 descriptions have 2 photos each, 2 are with only one and 2 are lacking). The family and genera descriptions include only the key characteristics for each. Photos within the photographic key in part 1 are mostly arranged in colour order of distinctive flowers, fruit, leaves and thorns. These are all divided into the following habits: ferns; sedges and grasses; creepers, climbers and lianas; herbs and subshrubs; trees and shrubs.

<http://www.marymartin.com/web?pid=853894>

Economics

Laggards of the Economic Development Project / E.D. Wala Chabala
Lusaka: Marvel Publishers, 2021
xiv, 121p.
9789982670340
\$ 30.00 / PB
172gm.

It's not Economics. It's Common Sense. Once upon a time, all Newly Independent Countries were practically the same. Over time, some have industrialised and developed. Others lag far behind. So, calling the latter third world or developing or least developed countries is unnecessarily complicating things. These countries are simply "Laggard Economies". They lag behind, by far, their peers with whom they started the development project at the same time. Some of the reasons for lagging behind include presence of characters like godfathers, plundering settlers, etc. who account for thieving of tens, if not hundreds, of billions of dollars per year from them. In addition, they maintain colonial economic structures. It is, therefore, a matter of restructuring these economies and fixing a few things like democracy and dysfunctionality, stopping thieving, and with a global conscience added, the Laggard Economies can well be on the path to industrialisation and prosperity.

<http://www.marymartin.com/web?pid=853895>

Many Faces of the North of Zambia / Sydney Mupanda
Lusaka: Sotrane Publishers, 2021
viii, 104p.
Includes Index
9789982182898
\$ 30.00 / PB
150gm.

Zambia's vast north is a landscape of sweeping hills, venture of wilderness, captivating reminders of the past such as ancient rock art, burial sites, untamed parks and waterfalls as yet undiscovered by most visitors. This book is produced with an attempt to highlight and package the Economic Development potential of the immense and rich northern region as a notable upcoming destination for business, leisure and entertainment. The author believes that with these huge levels of resource endowments which are within reach, we found it imperative to stimulate readers' attention with a view of triggering the urgency to tap into these resources to realise economic development for the three provinces, country and beyond National borders.

<http://www.marymartin.com/web?pid=853896>

Education

The Growth of Education in Zambia Since Independence / J.M. Mwanakatwe

Revised Edition

Lusaka: The University of Zambia Press, 2013

xiv, 378p.

Includes Index

9789982030663

\$ 30.00 / PB

442gm.

Starting with a brief outline of Zambia's colonial and missionary educational heritage, and how this was inadequate to meet the country's manpower needs at independence, the author describes the rapid expansion that had to take place immediately after 1964; how these ambitious and far-reaching development plans were implemented; and plans for the future standardisation of opportunities within the educational system, in the rural and urban areas.

<http://www.marymartin.com/web?pid=853897>

Gender Based Violence and Functional Literacy / Sunday Mwape

Lusaka: Sotrane Publishers, 2019

x, 106p.

Includes Bibliography

9982708872; 9789982708876

\$ 18.00 / PB

154gm.

The ways and expressions of Gender Based Violence are multiple, it is one of most disturbing and growing public health issues of the 21st century across the world. It cuts across social class, ethnicity, religion, age and geography. This book is based on well researched data and proposes Functional Literacy as a powerful and permanent tool to help combat this menace, particularly in violations committed against women. Its approach is basic and the language is simple and appropriate enough to be used by different sectors of society for the benefit of victims, perpetrators, parents, clergy, teachers, counsels and more. It gives the reader a broad perspective and also has immediate domestic expressions; offering early warning and possible alternative responses to prevent violence.

<http://www.marymartin.com/web?pid=853898>

History

Zambian Music Legends / Leonard Koloko

Lusaka: Pensulo Publishers Limited, 2022
596p.
9982707345; 9789982707343
\$ 100.00 / PB
992gm.

ZAMBIAN MUSIC LEGENDS is a marathon journey into the history of Zambian music. This journey surveys the wonderful art from its traditional function in the distant past to the present era where 'Zam-ragga' and hip hop have taken root. The book also pays tribute to the often unsung heroes who have devoted their lives and careers to the growth of the music industry. Music is an essential mass media tool that contributes to the socio-cultural development of society. As a result of this the book further attempts to look at the role music has played in shaping the socio-cultural and economic development of the country. To those that were there in the past the book rekindles those sweet memories of the twisting 50's, swinging 60's and the Zam-rocking 70's. It then takes you into the 80's and 90's when Kalindula beats reverberated in the nation. To the young, as they strive to re-discover their musical identity through Zam-ragga and hip-hop, there are lessons to learn from the past. This is also their book.

<http://www.marymartin.com/web?pid=853899>

Zambia At Fifty Years: What Went Right, What Went Wrong and Wither To? A
Treatise of the Country's Socio-Economic and Political Developments Since Independence / Royson
Mukwena & Fanuel Sumaili
Johannesburg, South Africa: Partridge Publishing, 2016
x, 398p.
9781482861235
\$ 75.00 / PB
572gm.

This book looks at what went wrong and right during Zambia's first fifty years of nationhood and based on this makes some recommendations, where necessary, on the way forward for the country in the areas covered in the book. The cutoff point for the book is October 24, 2014.

The book is a systematic discourse on a range of socioeconomic and political developments in the country since independence. The discourse covers political history, constitutional history, political culture and citizen participation in public affairs, sovereignty and democracy, foreign policy, civilian control of armed forces, dependency syndrome, employment creation through micro, small, and medium enterprises, marketing systems, library and information services, labour matters, the civil service and social welfare.

<http://www.marymartin.com/web?pid=853900>

Singing For Freedom: Zambia's Struggle for African Government / Andrey S. Masiye
Lusaka: Gadsden Publishers, 2021
xxii, 214p. ; 229x152mm. ; B/W Illustrations
9789982241229
\$ 44.00 / PB
298gm.

Singing for Freedom is a lively, personal record of the author's experiences as a radio-communications expert during the Zambian independence struggle. Andrey Sylvester Masiye shows how the combination of songs, folklore and news broadcasts provided an effective and popular weapon in strengthening the nationalist cause. He also describes how the use of traditional proverbs, chanting and speech-making provided exceptional material for political agitation through the mass-media.

<http://www.marymartin.com/web?pid=774726>

Bulozi under the Luyana Kings: Political Evolution and State Formation in Pre-Colonial Zambia / Mutumba Mainga

New Edition

Lusaka: Bookworld Publishers, 2010

xvii, 266p. ; 216x140mm. ; B/W Illustrations

Includes Index ; Selected Bibliography

9789982240529

\$ 60.00 / PB

354gm.

Bulozi under the Luyana Kings is a study of the Lozi Kingdom in Western Zambia in the pre-colonial period. The study traces the origins of the Luyana and the Lozi people; the founding of the Luyana Central Kingship and the invasion by the Makololo in the mid-nineteenth century; and ends with the study of the Lozi response to European intrusion at the end of the nineteenth and early twentieth centuries. *Bulozi under the Luyana Kings* was first published in 1973 by Longman, London. After wide consultations at home and abroad, the book is now republished in its original form.

<http://www.marymartin.com/web?pid=160679>

Kaunda and Mushala Rebellion: The Untold Story / Patrick Wele

Lusaka: Zambia Educational Publishing House, 1987 (Reprinted 2010)

ix, 191p.

Includes Index; Select Bibliography; Map

9789982072908

\$ 30.00 / PB

204gm.

The Mushala rebellion, between 1976 and 1982, was an isolated but significant event in the history of dissent in Zambia. For it was not only an embarrassment to the Zambian government but was part of the South African government's policy of destabilisation of her neighbours.

However Zambian government attributes the rebellion to the refusal by President Kenneth Kaunda to offer Mushala the directorship of the game and fisheries. Kaunda said, 'I don't know what I did to Mushala. Maybe because I rejected his request for directorship of game and fisheries'. But Mushala was an avowed anti-Marxist.

Adamson Bratson Musanda Mushala waged a lone war neither supported by external or internal forces. Yet he survived for seven years! However, this book has been written to find out whether or not this fifth rebellion in North-Western Zambia could and should not be avoided.

<http://www.marymartin.com/web?pid=853901>

Law

The Zambia Law Reports 2018: Volume 1 to 3 (3V) / The Honourable Mrs Justice F.M. Chisanga

Lusaka: The Council of Law Reporting, High Court for Zambia, 2022

xliv, 608p.

USD 1795.00 / HB

2632gm.

<http://www.marymartin.com/web?pid=853619>

Linguistics

Encyclopedia of Zambian Names: Reconciling Zambian and Global Worldviews / (Ed) Chanda Penda
Pensulo Publishers Series
Lusaka: Pensulo Publishers Limited, 2013
466p.
Includes Bibliography
9789982228398
\$ 90.00 / HB
902gm.

Grinding all the indigenous Zambian names in the spirit of national unity, as roasted ground nuts with mortar and pestle, forms one attractive and closely related culture. Regarding naming rites in Zambia, there is a fine line between our traditions and the Hindu theology of reincarnation. Zambian names are more centered on religious, environmental and socio-economic activities and politics.

<http://www.marymartin.com/web?pid=853902>

Literature

Mwendanjangula : An Encounter with the Half Man / Chimbi Chungu
Lusaka: Pa-Ulendo Books, 2021
iv, 200p.
9789982950205
\$ 25.00 / PB
232gm.

Delve into the life of a young energetic man called Tau who is raised in the heart of Zambia in a rural setup which overflows with a rich culture and tradition. His adventures and escapades start at an early age as he does what ordinary boys do exploring the surroundings while learning new things and having fun at the same time.

As per tradition children in the village are made to sit around a fire listening to stories narrated by grandparents and it was at this point that young Tau heard for the very first time about a frightful, lethal mythical creature Called Mwendanjangula- the Half Man. Tau eventually grows into a fine young man not knowing that fate would one day bring him face to face with the dreaded being.

<http://www.marymartin.com/web?pid=853903>

Henry Joe Sakala Presents – Tales of Chiparamba / Joel Paul Sakala
Zambia: H.J. Sakala Media Productions, 2021
116p.
8460314375; 9798460314379
\$ 30.00 / PB
148gm.

Tales of Chiparamba is a book based on the recollections of a school-going young man, Chikuwawe, who spent a good number of his formative years at Chiparamba, a semi-rural area a short distance away from Fort Jameson, now the City of Chipata. Chikuwawe and his friends, whose life adventures are interwoven with Chikuwawe's, provide an interesting glimpse into life during the final phase of colonial government in Northern Rhodesia, leading into the birth of the new nation of Zambia. Chikuwawe's father was among those affected by the colonial policy of taxing natives who had no economic source from which to draw tax money, hence ending up on a forced exodus to indented labour in Southern Rhodesia, with others drifting as far as Joburg to

work in the mines. This dispersal of able bodied young men away from their villages had major social impact on the lives of local people in the colonies. The story is told in racy, gripping tones as the life experience of Chikuwawe, his friends and his remarkable father, Paul, who had a bold and strong adventurous spirit which he evidently bequeathed to his son. The characters are real, interesting and very likeable. The setting is lively, and the events unfold in a flowing, easy to follow style. It is an interesting read not only for its punchy pace; but also for its insight into life of the native people during the Federation of Northern Rhodesia, Southern Rhodesia and Nyasaland.

<http://www.marymartin.com/web?pid=853904>

Sister Wives and Other Stories: An Anthology / Myaambo

Lusaka: Myaambo Writers Cooperative, 2020

345p.

9798664660081

\$ 20.00 / PB

354gm.

SISTER WIVES & Other Short Stories is Myaambo Writers' Cooperative's second anthology. This themed anthology focuses on Gender Based Violence, Child Marriages and Child abuse in Zambia. It brags of an amazing line up of fresh and veteran voices telling authentic Zambian stories that will draw attention to issues that have been swept under the carpet for far too long. While most prefer silence, these voices speak up in the most creative way. Enter a brilliant world where unbreakable bonds are explored in sister wives. Get to eavesdrop on suburban adults through the eyes of a pudgy teenage boy in The House On Kudu Drive. Experience a shift in stereotypes through the tale of a man on an infinite search for the end in Abweranso. As a collection of vivid tales that explore the past the present and the future, this anthology unveils the writer's ability to transform a full range of human experiences in vibrant sincere ways that still preserve an element of surprise. Allow yourself to encounter the landscape of Zambia, its history and the people who live in homes with mixed foundations built by the fear of fear of disrupting the balance of society. Stories in this 2020 anthology were selected from the Myaambo Annual Short Story Competition. The top three stories, Sister Wives, The House On Kudu Drive and Abweranso were written by Rachael Tembo, Mthuzi Mkandawire and Majorie Moono Simuyuni respectively. They are joined by 11 other writers across the nation who took part in the competition. The anthology also features a contribution by Ngoma Awards winning writer Henry Joe Sakala

<http://www.marymartin.com/web?pid=853905>

This Time, Tomorrow: A Compendium of Laboured Voices from the Zambian 'Komboni' / Mwange Kauseni

Bloomington, IN, USA: AuthorHouse™ UK, 2016

xxiv, 78p.

9781524664718

\$ 15.00 / PB

166gm.

This Time, Tomorrow is an anthology of poems composed by the late Mwange Kauseni--one of the most outstanding Zambian journalists of his generation. Published and presented here for the first time, the poems are a legacy of his past and span more than two decades of creative process. The poems depict experiences and allusions of the African continent, Asia, and Latin America, where the poet worked as a journalist.

For the international audience who enjoyed and appreciated Mwange's stories and columns in magazines and newspapers, however, this collection will come as a surprise to most. Yet, in these pages, we present to the world the side of Mwange Kauseni that most people hardly suspected ever existed. As a poet, therefore, Mwange echoes the plight of the downtrodden and marginalized and taunts the excesses and foibles of the postcolonial-African political elites. In some of his work,

though, the poet eulogizes his connections with his past and cultural roots and decries the advent of modernity. He urges poets never to give up their craft but to create verses for the masses. Even though the poems were created from personal experiences, This Time, Tomorrow is indeed Pan-Africanist in character.

<http://www.marymartin.com/web?pid=853906>

Kasuba's Inner Safari Quest: A Journey of Self-Discovery and Overcoming Your Fears by Being True to Yourself / Bwalya Penza

Ohio, USA: Author Academy Elite, 2021

xiv, 98p.

Includes Bibliography

9781647466695

\$ 20.00 / PB

130gm.

Kasuba's Inner Safari Quest is told using a safari as an analogy for how we navigate through life. It may not come in the same form as Kasuba's, but the story line usually goes something like this. You face a challenge or a major change in your life; a move to a new town, new school, or even a new grade, you need to start over, but you don't know how to, or you simply don't want to. You either reject it or embrace it, but one way or the other you have to learn how to evolve and create a new normal for yourself. Challenges are not reserved for adults; we face obstacles and fears even as young children. The answer, as you will learn from Kasuba's journey, is that by embracing life's changes and trusting your inner voice, you will rediscover your true self. When you realise that being yourself is all that really matters, you will come to the universal truth, that it's cool to be you!

<http://www.marymartin.com/web?pid=853907>

Politics

Ruminations: A Brutally Frank Satirical Look at the African Society in the Twenty-First Century / Chisimba M. Lumbwe (Ed) Marita Banda

Lusaka: Pensulo Publishers Limited, 2022

xx, 268p.

9789982707343?

\$ 60.00 / PB

554gm.

Ruminations is a completely irreverent, at times accurate, sometimes exaggerated, often times ribbling, but at all times brutally frank satirical look at the Zambian political system specifically and that of the African society in general.

The book tackles many aspects of Zambian life by ruminating on various topics. The Ruminations cover topics from the dire lack of statesmen in Zambian politics, the reason for the toxic political atmosphere, the reasons politicians change parties like panties, the reasons politicians and political parties change from ideal to mediocre once they form government and many more.

<http://www.marymartin.com/web?pid=853908>

Intellectualism Beyond the University: What They Forgot to Teach You in School / Kenneth K. Mwenda

Lusaka: Pensulo Publishers Limited, 2021

160p.

9789982707336

Musings Vol. 3: World of Politics, Matters of Faith

\$ 35.00 / PB
222gm.

That intellectualism cannot be confined to the environs of a university is a dictum that requires no contest. From a systems-thinking point of view, a university is not a closed system, but an open system. Various faculty members and students interact with the external environment. From the external environment, they bring into the university outside values and norms. By parity of reasoning, they also take to the external environment values and norms from the university. Indeed, this is how an open system operates. It is not insulated from the external environment.
<http://www.marymartin.com/web?pid=853909>

Religion-Christianity

If Zambia is to be a Panorama of a Christian Nation: The Whole Counsel: Zambia / Zengani Zimba
Lusaka: AgapeKardia Publishing, 2022
570p.
Includes Bibliography
9786277505455
\$ 110.00 / PB
780gm.

Now, walk with me in the many pages and chapters of this book as I aspire to inspire you; to illuminate your perspective on the roots of matters, systems, processes, experiences and practical and realities that may affirm for the full establishment of Christian Nationhood of Zambia or any country in the world.
<http://www.marymartin.com/web?pid=853910>

The Year of Keeping The Fire Burning 2023 / Apostle Dr Sunday Sinyangwe
Lusaka: Standing in the Gap Team, 2023
73p.
9789982512091
\$ 10.00 / PB
94gm.

Apostle Sunday Sinyangwe is a powerful yet humble man of God who has been called, appointed and anointed by the Lord to preach the full gospel of our Lord Jesus Christ. He is also commissioned to take deliverance to the captives, victory to the victims of satanic, demonic and witchcraft oppression, strength to those weighed down by circumstances to bring back the backslidden and take salvation to the lost.
<http://www.marymartin.com/web?pid=853911>

Sociology

The New Way for African Relationships: How the African Community Can Embrace Its Past and Its Future / Valerie Muzelenga
Zambia: Valerie Muzelenga (Self-Published), 2017
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"I wrote this book to draw the best from both Africa and the west to educate those who have lost their way in the merging of cultures and to give them hope for themselves, their families, their children, and their community."

In many ways we facing a crisis in our African communities: our immersion in western traditions has resulted in skyrocketing divorce, struggling and disrespectful children, the loss of culture and identity and men and women battling to love and be loved. Our great African heritage of teachings and traditions holds answers to many of these problems and can help to heal broken relationships. The New Way for African Relationships by Valerie Muzelenga Accordingly, some traditions and perspectives of the west also have value for healthy relationships. Valerie Muzelenga is a respected African counsellor and elder and has drawn from years of experience in both western and African cultures to write this valuable guidebook for people wanting happier families, communities, and relationships. It not only details the positive traditions of our past but also demonstrates how these can be applied to our future. The New Way for African Relationships is a must read book for people looking for answers to their relationship problems and for those who want to make their relationships even better.

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